

RelaxSpace™

RELAX • RESET • EXPLORE

RELAXSPACE WELLNESS POD

New from HydroMassage, the RelaxSpace Wellness Pod is engineered to capitalize on the significant growth in the wellness / meditation / mindfulness space, providing members an opportunity to disconnect and recharge for 15-minutes with a unique, multi-sensory experience.



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PRODUCT FEATURES:

- **Product Design.** Modern, futuristic design elements to catch the eye and provoke curiosity
- **Ergonomic Seating Position.** Achieves relaxation and user comfort without sacrificing user visibility or potentially causing users to feel claustrophobic
- **Wellness Diagnostic Tools.** On-screen sensors display heart rate

MULTI-SENSORY EXPERIENCE:

- **Wellness & Relaxation Content**
Large 43" display provides an immersive wellness and relaxation experience. Selection of nature videos and wellness content (meditation / mindfulness/breathing exercises / stress-relief).
- **Audio**
Audio to accompany videos or wellness content; two small speakers at head-end of unit ensure others in surrounding areas are not disturbed.
- **Heat Therapy**
Users may activate a heated seat to provide a soothing experience for sore muscles.
- **Fan Feature**
A variable speed fan can be activated to provide a pleasant, cool breeze
- **Scent**
To accompany the experience and assist with stress relief and mood enhancement, users may select from a variety of subtle scent options.
- **Heart Rate Monitoring**
Hand sensors to monitor heart rate during experience.

USAGE & LOGISTICAL DETAILS:

- **Recommended set-up:** Preferably 8'x10' private room* with glass door per pod to provide awareness during new member tours. Ideally, minimum 2 units per club.
- **Staff requirement:** None other than to activate unit for members. Controlled from club front desk with HydroMassage software, T-Max, or other access control devices
- **Member usage:** Small, user-friendly interface to personalize wellness / relaxation experience. Provides user with private, comfortable experience
- **Session length:** 15-minutes
- **Product specs:** 92" L x 34" W x 69" H (plus 6" space on side of unit for Touchscreen)
- **Individual Experience:** Temperature, sound, and scent will be subtle and only be experienced by user (will not impact others in surrounding areas).



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RELAX WITH
NATURE VIDEOS



BREATHE WITH GUIDED
BREATHING



RESET WITH
MEDITATION



EXPLORE UNIQUE CITIES
OF THE WORLD



THRIVE WITH HEALTHY
LIFESTYLE TIPS



GROW WITH PERSONAL
GROWTH RESOURCES



FOCUS WITH
MINDFULNESS



Relaxation & Wellness

Relaxing videos and nature sounds help you disconnect and recharge.



Heat Therapy

Warm up and soothe stiff, sore muscle groups before or after a workout.



Mindfulness

Be present and fully aware; focusing on what matters most to you.



Scent Options

Accompany your experience and assist with stress relief.



Meditation

Helps relieve stress and anxiety when life becomes a little too fast



Heart Rate Monitoring

Track your state of relaxation during your session.



Healthy Living

Simple tips to improve your diet, sleep, and quality of life



Personal Growth

Become a more confident, productive version of you

"It's the 15 minutes that everyone needs each day."

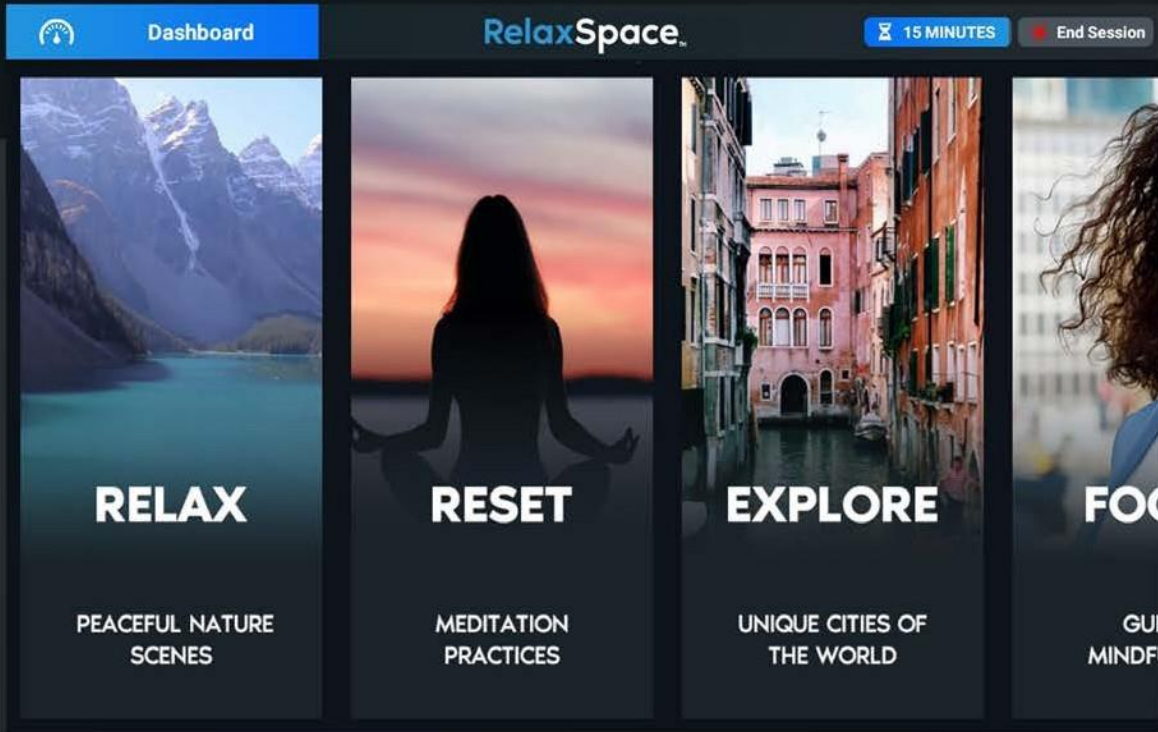
-RelaxSpace User

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RELAXSPACE WELLNESS POD USER INTERFACE

MAIN MENU



FEATURE DASHBOARD

